## Polk County Health Department 2020 Clinic Schedules

## **Pedicure Clinics**

## **Blood Pressure Clinics**

Pedicure clinics will be held at the Polk County Health Department the 1st and 3rd Wednesday of every month. Please call the health department to make an appointment.

> January 8- 8:30-11:30 AM\*\* January 15- 1:00- 3:30 PM

February 5- 8:30- 11:30 AM February 19- 1:00-3:30 PM

March 4- 8:30-11:30 AM March 18-1:00-3:30 PM

April 1-8:30-11:30 AM April 15-1:00-3:30 PM

May 6-8:30-11:30 AM May 20-1:00-3:30 PM

lune 3- 8:30-11:30 AM June 17-1:00-3:30 PM

July 1-8:30-11:30 July 15-1:00-3:30 PM

August 5- 8:30-11:30 AM August 19- 1:00-3:30 PM

September 2-8:30-11:30 AM September 16 - 1:00-3:30 PM

October 7 -8:30-11:30 AM October 21-1:00-3:30 PM

November 4- 8:30-11:30 AM November 18- 1:00-3:30 PM

December 2- 8:30-11:30 AM December 16-1:00-3:30 PM Clinics to monitor blood pressure will be held on each Tuesday of the month. They will be held at the Senior Center and rotate between each town in Polk County.

Lst Tuesday- Osceola Seniot Center

2nd Tuesday- Shelby Senior Center

3rd Tuesday- Stromsburg Senior Center

4th Tuesday- Polk Senior Center

\*\*Please note, January 8 pedicure clinic is the second Wednesday, as the first Wednesday is a Holiday.

Walk-ins are welcome any day at the Polk County
Health Department.
O'Mice Hours:

Monday-Friday 8:00 AM-4:30 PM

Polk County Health Department 330 North State Street Osceola, NE 6865 I 402-747-22 I I

